

UNSTUCK

DON'T GIVE UP

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REVERB

Use this guide to help your family learn how God can help us live with determination. First, watch the video. Then follow up with the activity below!

MEMORY VERSE

“Let us not become tired of doing good. At the right time we will gather a crop if we don’t give up.” Galatians 6:9, NIV

LIFE APP

DETERMINATION ::
Deciding it’s worth it to finish what you started

BIBLE STORY

Jesus’ Final Orders to His Disciples / Ascension
(Matthew 28:16-20; Luke 24:50-53; Acts 1:1-11)

BOTTOM LINE

Keep going even when it seems impossible.

ACTIVITY :: That’s Impossible!

- WHAT YOU NEED** > Bible, bandana or rope with a knot in it, deck of cards, simple/preschool puzzle (12-24 pieces), timer
- WHAT YOU DO** > Read today’s Bible story passages [Matthew 28:16-20; Luke 24:50-53; Acts 1:1-11]

Challenge your kids to some tasks that seem impossible

- Untie a knot in a bandana or rope in 20 seconds.
- Pick up a scattered deck of cards & put back in the box in 30 seconds.
- Stand on one foot for 15 seconds.
- Put together an easy puzzle in 45 seconds.
- Run across the yard and back in 25 seconds.

Give kids a chance to practice a couple of the tasks and try to get faster. Encourage them to use determination to keep going and keep practicing until the challenge is doable.

NOTE :: Adjust the time limit of these challenges based on the supplies you have. If you have a very simple, preschool block puzzle, the time limit might need to be 5 seconds instead of 45 seconds. Or if you’re in an apartment building with a really long hallway, adjust the time limit on running so the task is challenging but not completely impossible.

- WHAT YOU SAY** > Jesus gave His followers the task of telling the whole world about Him! That must have seemed WAY too hard at the time. But if they hadn’t had determination, we wouldn’t know Jesus’ story today! They kept going, telling one person after another, telling as many people as they could.
- > What’s one thing you thought you would never be able to do, but you worked at it and you eventually got it? (Encourage your kid by starting the conversation with a couple of examples of things they can do now but they couldn’t do a year or two ago. Maybe learning to ride a bike was hard for your kid, or reading a book that’s longer than a typical children’s book. Emphasize that they kept going even when it seemed like they would never get it.)
- > What are some things you think are impossible for you to do now?

PRAYER

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight ::

“Dear God, right now a lot of things seem impossible. But we know that You’re ALWAYS there for us, no matter what, and You promise that You’re ALWAYS there for us, especially when we feel like we can’t keep going. Help us to take one step at a time, one foot in front of the other, with determination. We pray. Amen.”